



**JANSONS INSTITUTE OF TECHNOLOGY**  
**COIMBATORE - 641659**



**NATIONAL SERVICE SCHEME & YOUTH RED CROSS**

**Annual Report**  
**2016 - 2017**

| Unit Details                            |   |  |
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| No. of Unit                             | 1 (One)   |  |
| No. of Student volunteers               | 100 ( 50 from I year and 50 from II year) & YRC – 100 Volunteers  |  |
| No. of Programme Officer                | 1 (One)   |  |
| Name of the Programme officer           | Dr. K. Senthamil Selvan, ASP / Chemistry  |  |
| Regular Activities                      |   |  |
| Title                                   | Content   | Outcome  |
| Advisory Committee Meeting              | The advisory committee meeting for the academic year 2016 - 2017 was held on 22.07.2016 (Friday) at conference hall. In this meeting, the execution of previous year activities was discussed and planned the action plan for the academic year 2016-17.  | Helps for conducting more activities in effectively.   |
| Awareness on Girl child Security - skit | <b>Conducted on :</b> 02.04.2016<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 5<br><b>No.of beneficiaries :</b> 45<br><b>Content of the Programme:</b><br>A skit was prepared for the school children by the NSS volunteers about the girl child security. The means of harms the girl child experiences in her day to day life was portrayed through the skit. The harassment by the opposite gender, by the own gender, was described in the skit and the girl should | Girl students gained the knowledge of how to face the problem and male students gained the knowledge of how to behave as a good citizen. |

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|   | protect herself was also explained in the skit. The children enjoyed the skit.  |   |
| <b>NSS orientation Programme (II Year)</b>            | <p><b>Conducted on :</b> 21.07.2016</p> <p>No. of volunteers participated: 50 students (II year)</p> <p><b>Venue:</b> JIT</p> <p><b>Content of the Programme:</b></p> <ul style="list-style-type: none"> <li>• NSS activities planned for the ODD semester (2016-17) with NSS volunteers.</li> <li>• Student in-charges are allocated for coordinating the individual programme.</li> <li>• Discussed the importance and role of NSS volunteers in developing their skills and personality through community service.</li> <li>• Giving opportunity to speak about the NSS activities and their contribution.</li> </ul>  | Students gained the knowledge of NSS and its importance. How it helps to improve the society. |
| <b>Dr. A. P. J. Abdul Kalam Anniversary Programme</b> | <p><b>Conducted on :</b> 27.07.2016</p> <p>No. of Participants: more than 15</p> <p><b>Venue:</b> Auditorium</p> <p><b>Organized by:</b> NSS &amp; YRC</p> <p><b>No.of students involved :</b> 55</p> <p><b>No.of beneficiaries :</b> 150</p> <p><b>Content of the Programme:</b></p> <ul style="list-style-type: none"> <li>• Speech, and video presentation by students</li> <li>• Dr. A.P.J Abdul Kalam's life history and achievements were discussed.</li> <li>• His role during the period of scientist and president was explained to the student community and motivate them by using Kalam words.</li> <li>• Actively involved volunteers are R. Madhan Kumar, II Mech, Vijaya Kumar, III Mech, R. Kumaraguru, II EEE and V. Illakaya, II CSE</li> </ul> | His success stories are motivated the students in all possible ways.                          |
| <b>Digital India schemes for villagers</b>            | <p><b>Conducted on :</b> 01.8.2016</p> <p><b>Venue:</b> Padhuvampalli</p> <p><b>Organized by:</b> NSS</p> <p><b>No.of students involved :</b> 10</p> <p><b>No.of beneficiaries :</b> 50</p> <p><b>Content of the Programme:</b></p>   | Creating awareness on Digital India and Online banking. The programme created a great stir    |

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|                                     | <p>The NSS team of our college launched the Digital India Campaign as a part of their social awareness activity, in which volunteer Mr. Akash, CSE and other NSS volunteers had actively involved themselves in helping the local area.</p>  | among the public too.   |
| <b>No to Plastics</b>               | <p><b>Conducted on :</b> 12.08.2016<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 10<br/> <b>No.of beneficiaries :</b> 100<br/> <b>Content of the Programme:</b><br/> Our college NSS team organized a camp at Padhuvampalli. In that camp, our students participated actively and created Awareness on “NO TO PLASTICS” to the people of Padhuvampalli. They made the people of Padhuvampalli to understand how plastics affect our Mother Nature.</p>   | Created awareness on No to Plastics. Impacts of plastics in environment are understood clearly.         |
| <b>HIV / AIDS awareness program</b> | <p><b>Conducted on :</b> 14.9.2016<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> YRC<br/> <b>No.of students involved :</b> 6<br/> <b>No.of beneficiaries :</b> 35<br/> <b>Content of the Programme:</b><br/> In the awareness program, students explained about the ways of transmission of HIV and how it affects the immune system of our body.<br/> They also explained the most common ways of spreading of HIV and explained about the various precautions to be taken. They also insisted on the safety measures to be taken during injection, blood transfusion, etc.,</p> | This session helps the students to understand the importance of health and good habits.                 |
| <b>Tree Plantation</b>              | <p><b>Conducted on :</b> 18.9.2016<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 7<br/> <b>No.of beneficiaries :</b> 200<br/> <b>Content of the Programme:</b><br/> The NSS team of our college launched the Tree Plantation Campaign as a part of their social awareness activity, in which NSS volunteers had actively involved themselves in helping</p>   | Creating awareness on saving trees and to preserve the environment by planting trees around their area. |

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|  | the local area in planting the saplings.   |   |
| <b>Dengue Awareness Programme</b>                  | <p><b>Conducted on :</b> 30.09.2016<br/> <b>No. of Participants:</b> 80<br/> <b>Venue:</b> JIT - Auditorium<br/> <b>Organized by:</b> YRC<br/> <b>No.of students involved :</b> 100<br/> <b>No.of beneficiaries :</b> 100<br/> <b>Content of the Programme:</b></p> <ul style="list-style-type: none"> <li>• Video presentation, speech and PPT presentation</li> <li>• Clearly explained about the sources for dengue virus, how its spread, health issues after affecting by dengue virus</li> <li>• Active participation by S. Gokuraj, II Civil, V.S. Ushadharshini, II CSE, R. Sundar, II Civil, M. Saran Kumar, II Civil, S. M. Maheshwaran, II Mech, K. Sathish Kumar, I Mech, S. Nandha Kumar, I Civil and K. Selvanathiya, I CSE</li> </ul> | Created awareness about the Dengue virus and its effects. It helps to create the knowledge of keeping our environment very clean.   |
| <b>Swine flu awareness program</b>                 | <p><b>Conducted on :</b> 05.02.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> YRC<br/> <b>No.of students involved :</b> 30<br/> <b>No.of beneficiaries :</b> 100<br/> <b>Content of the Programme:</b><br/> In the awareness program, students explained about the importance of hygiene and cleanliness. They also explained the most common ways of spreading of swine flu and explained about the various precautions to be taken.</p>   | People are educated about the prevention methods of swine flu and its treatment methods.  |
| <b>Awareness on drug impact on physical health</b> | <p><b>Conducted on :</b> 8.2.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 5<br/> <b>No.of beneficiaries :</b> 150<br/> <b>Content of the Programme:</b><br/> Students expressed that</p> <ul style="list-style-type: none"> <li>• The abuse of alcohol and illicit and prescription drugs continues to be a major health problem.</li> <li>• It can be indirect that many problem drug users start abusing drugs at an</li> </ul>   | Awareness created about the drugs and its effects on human health. Students also learned about the approaching people in right way. |

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|  | <p>early age.</p> <ul style="list-style-type: none"> <li>• Additionally, accidental and intentional sufferers that are associated with drug and alcohol use represent one of the leading preventable causes of death</li> </ul>  |   |
| <b>Importance of Nutrition for growing child</b> | <p><b>Conducted on :</b> 8.2.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 4<br/> <b>No.of beneficiaries :</b> 30<br/> <b>Content of the Programme:</b><br/> Our college NSS, our department students participated and conducted an activity on "Importance of Nutrition for growing child". Our students created awareness on importance of nutrition and need for nutrition in growing child. Also they educated the difference between low and high nutrition.</p>  | Created awareness on Importance of Nutrition for growing child.                               |
| <b>NSS orientation Programme (I year)</b>        | <p><b>Conducted on :</b> 14.02.2017<br/> No. of volunteers participated: 50 students (I year)<br/> <b>Venue:</b> JIT<br/> <b>Content of the Programme:</b></p> <ul style="list-style-type: none"> <li>• Introduce the NSS to I year volunteers.</li> <li>• History of the NSS was discussed.</li> <li>• Discussed the importance and role of NSS volunteers in NSS activities.</li> <li>• Student volunteers introduction and reason for joining NSS.</li> <li>• NSS motto and objectives were explained clearly</li> <li>• Finance allocation from university also shared with the students.</li> </ul> | Students gained the knowledge of NSS and its importance. How it helps to improve the society. |
| <b>Waste management awareness program</b>        | <p><b>Conducted on :</b> 19.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 6<br/> <b>No.of beneficiaries :</b> 40<br/> <b>Content of the Programme:</b><br/> An awareness program on "Waste management" is conducted for residents in Paduvampalli by our students. The programme focuses on elucidating the</p>   | Explained the segregation of the waste materials and safe disposal methods to village people. |

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|   | importance in waste management and how to separate in day by day service.   |  |
| <b>Special Camp Activities</b>  |   |  |
| <b>NSS Special Camp</b>   | <b>Conducted from 04.03.2017 – 10.03.2017</b><br>Village : Padhuvampalli Village,<br>No. of Volunteers participated : 50 ( II years )   |  |
| <b>Padhuvampalli Mariamman temple and Vinayagar Temple cleaning- Swachh Bharath</b> | <b>Conducted on :</b> 05.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 25<br><b>No.of beneficiaries :</b> 30<br><b>Content of the Programme:</b><br>Swachh Bharat is the important and most necessary activities to maintain our environment healthy.  | The area was cleaned and created awareness. Physical work for the volunteers helps them to realize the efforts of physical work labourers. |
| <b>Soil Conservation program for villagers</b>                                      | <b>Conducted on :</b> 05.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 6<br><b>No.of beneficiaries :</b> 120<br><b>Content of the Programme:</b><br>Soil conservation is an important part of sustainable agriculture and food production, since it entails keeping soil from becoming a pollutant in the surface waters, and its ability to sieve and filter pollutants that would otherwise end up in drinking water. <ul style="list-style-type: none"> <li>• The prevention or reduction of soil erosion and soil depletion by protective measures against water and wind damage.</li> <li>• Management of soil so as to obtain the largest crop yields feasible and improve the soil at the same time.</li> </ul> | It helps the village people to create the awareness about the soil conservation practices.   |
| <b>Changing Food Styles and its effects</b>   | <b>Conducted on :</b> 06.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 8<br><b>No.of beneficiaries :</b> 230<br><b>Content of the Programme:</b>   | Created awareness about the bad and good food habits.  |

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|   | <p>Poor eating habits include under- or over-eating, not having enough of the healthy foods we need each day, or consuming too many types of food and drink, which are low in fiber or high in fat, salt and/or sugar.</p> <p>NSS team conducted awareness programme about the changing food styles and its effects.</p>  |  |
| <p><b>Cultural and social awareness program at evening time for school children</b></p> | <p><b>Conducted on :</b> 06.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 15<br/> <b>No.of beneficiaries :</b> 200<br/> <b>Content of the Programme:</b><br/> Life skills go hand in hand with development, and can help the child succeed later in life. Discover the most important life skills the child should know and ways to incorporate them into our daily routine.</p>   | <p>Helps to identify the talents and motivate the school children for their life. Our volunteers gains the knowledge of skill identification from others.</p>        |
| <p><b>Newspaper reading practice for school children</b></p>                            | <p><b>Conducted on :</b> 06.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 8<br/> <b>No.of beneficiaries :</b> 25<br/> <b>Content of the Programme:</b><br/> Reading newspaper is a good habit that can provide a great sense of educational value. Newspapers carry the news of the world. Newspapers provide information and general knowledge. Newspapers provide news about a country's economic situation, sports, games, entertainment, trade and commerce.</p> | <p>It develops the habit of reading newspaper</p>  |
| <p><b>Use Of Crackers – Pollution Awareness Programme</b></p>                           | <p><b>Conducted on :</b>06.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 50<br/> <b>No.of beneficiaries :</b> 80<br/> <b>Content of the Programme:</b><br/> Crackers are very harmful for health. These are not only cause air pollution but also cause noise pollution. Crackers are injurious to senior citizens and children's health. It is not only are injurious to humans but also for</p>  | <p>Explained about the various types of pollution issues while using crackers. Our volunteers were realized the impact of air pollution while explaining others.</p> |

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|   | other beings such as, animals and birds  |  |
| <b>Awareness on effective use of Social Media for school children</b> | <p><b>Conducted on :</b> 06.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 6<br/> <b>No.of beneficiaries :</b> 30<br/> <b>Content of the Programme:</b></p> <p>The NSS volunteers explained about the effective usage of social media like internet, mail, mobile phone, face book to the school children of the government primary school in Padhuvampalli. The students were explained how to browse the internet, search data, useful sites for children was also introduced and the children made a note of it. The harms of the social media was also explained like not to upload photos etc. The children listened with interest.</p> | Created awareness about the handling of social media in safe ways.             |
| <b>Children abuse awareness</b>                                       | <p><b>Conducted on :</b> 07.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 10<br/> <b>No.of beneficiaries :</b> 30<br/> <b>Content of the Programme:</b></p> <p>Child abuse may include any act or failure to act by a parent or a caregiver that results in actual or potential harm to a child, and can occur in a child's home, or in the organizations, schools or communities the child interacts with.</p> <p>Our college student Selvan K. Ramakrishnan addressed the students in the topic of "Children abuse" and also the NSS volunteers educate the school children about the good and bad touch.</p>                             | School children came to know about the good and bad touch.                     |
| <b>Voters Awareness Programme</b>                                     | <p><b>Conducted on :</b> 07.03.2017<br/> <b>Venue:</b> Padhuvampalli<br/> <b>Organized by:</b> NSS<br/> <b>No.of students involved :</b> 8<br/> <b>No.of beneficiaries :</b> 300<br/> <b>Content of the Programme:</b></p> <p>The law does not require citizens to vote,</p>   | Awareness created about the importance of vote and the citizen responsibility. |



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|  | but voting is a very important part of any democracy. By voting, citizens are participating in the democratic process. Citizens vote for leaders to represent them and their ideas, and the leaders support the citizens' interests .   |   |
| <b>Yoga programme</b>  | <b>Conducted on :</b> 08.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 15<br><b>No.of beneficiaries :</b> 40<br><b>Content of the Programme:</b><br>A benefit of yoga and meditation was conducted for Government school students of Padhuvampalli. It was conducted by Selvan Aravind and Selvan Lakshmanakanth of Civil Department, Jansons Institute of Technology. There are several asanas of yoga that merge meditation with the physical routines, which use controlled breathing throughout the poses of yoga. Both yoga and meditation have proven health benefits when practiced regularly | Students got knowledge about different asanas in yoga and some meditation methods                                   |
| <b>World Women's Day celebration with village women</b>        | <b>Conducted on :</b> 08.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 8<br><b>No.of beneficiaries :</b> 50<br><b>Content of the Programme:</b><br>The International Women's Day Celebration started as a socialist political movement, which fought for women's right to vote and better working conditions. Over the years this movement has fought for education, health, poverty, political integration, violence, armed conflict and the aspirations of the girl child.   | Success stories of many women's inspired the female students and motivated them to reach the success in their life. |
| <b>Influence of growing technologies in young minds-debate</b> | <b>Conducted on :</b> 08.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 7<br><b>No.of beneficiaries :</b> 50<br><b>Content of the Programme:</b>  | Awareness created through debate programme  |

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|  | Our JIT Tamil Mandram students were conducted Debate Programme on the Topic "Influence of growing technologies in young minds". The programme was headed by the school teacher Mr. Francis Angelo. They discussed about the seriousness of technologies and its impact over the young minds.  |   |
| <b>Swachh Bharat Programme</b>   | <b>Conducted on :</b> 08.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 25<br><b>No.of beneficiaries :</b> 300<br><b>Content of the Programme:</b><br>"Swachh Bharath awareness Programme" was conducted by NSS Volunteers along with the village people. They create awareness about the cleanliness of their surroundings and the health benefits. The village people eagerly take part in the event. We cleaned some areas in the village region and also created the knowledge of cleanliness of environment. | Created awareness on Swatch Bharat scheme and its importance for better life.   |
| <b>Traditional games and its importance</b>                                | <b>Conducted on :</b> 09.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 10<br><b>No.of beneficiaries :</b> 30<br><b>Content of the Programme:</b><br>The traditional games can also be of great benefit to them, they require physical activity, social skills, creativity, imagination, competition, camaraderie... and many more benefits that could fill an entire article. Quite simply, traditional children's games stimulate their growth, physically as well as intellectually.                           | Introduced the traditional games to the children and also volunteers learns about how to tackle the school kids in right way. |
| <b>Cultural events and skill identification events for school children</b> | <b>Conducted on :</b> 09.03.2017<br><b>Venue:</b> Padhuvampalli<br><b>Organized by:</b> NSS<br><b>No.of students involved :</b> 12<br><b>No.of beneficiaries :</b> 40<br><b>Content of the Programme:</b><br>Also some of the children have special skills like dancing, drawing, singing etc., these skills  | Helps to identify the talents and motivate the school children.   |

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|   | will help them in their future life and also it provides them a great confidence to lead a succeed life. Our NSS team always gives utmost preference to develop the rural school children skills. So we conducted the skill identification programme. In this most of the students were participated and exhibit their talents. |   |
| <b>Volunteers Support</b>   |   |   |
| One Day workshop for NEET exam Preparation conducted on 23.10.2016      |   | <b>Outcome</b><br>Students have gained the knowledge of organizing, coordinating programmes, situation handling, managing mass group of people, communication development etc |
| National Children Science Congress conducted on 19.11.2016              |   |   |
| WOW Quiz conducted on 21.11.16  |   |   |
| One day Industrial oriented poly tech programme conducted on 21.12.2016 |   |   |
| Jansons Reasoning Test (JRT) conducted on 08.04.2017                    |   |   |