



JANSONS INSTITUTE OF TECHNOLOGY

Approved by AICTE & Affiliated to Anna University,
Coimbatore, Tamilnadu-641659



Value Education - Student Induction Program(VE-SIP) Cell

Organizes

A Webinar on

“MANAGING ANXIETY AND STRESS - COVID -19”



RESOURCE PERSON



Dr. E.S.SHAMEEM SULTHANA

ASSOCIATE PROFESSOR

PG DEPARTMENT OF COMPUTER SCIENCE

**BHAKTAVATSALAM MEMORIAL COLLEGE FOR WOMEN
CHENNAI - 600080**

Date : 15.05.2021

Time : 03.30 pm to 04.30 pm

Link : <https://ims.jit.ac.in/meetings/9o7bkQ5G355jji3g>